

BECOME A W.S.I.

ONLINE BLENDED LEARNING CLASS



This is an American Red Cross Blended Learning Water Safety Instructor class designed to let you learn the fundamentals of how to teach swimming lessons. Course is taught online with scheduled onsite practice and lecture. During this course you will need to complete chapter assignments online before each class. Access to a computer and internet is required to participate in this class.

DATES: October 28, 2014, - January 20, 2015

TIME: **Day 1** 7-10:30pm (10/28)
Day 2-5 7:30-9:30pm (11/4, 11/18, 11/25, 12/2)
Day 6-9 7:30-10pm (12/9, 12/16, 1/6, 1/13)
Day 10 7:30-9:30pm (1/20)

LOCATION: Madison Pool
13401 Meridian Ave N. Seattle Washington

COST: \$200 + register \$35 for online access through Red Cross

COURSE CODE: #124811

REGISTER: In person at the pool, over the phone: (206) 684-4961 or
online at <http://class.seattle.gov/parks>

PREREQUISITES:

- Must be at least 16yrs old before Dec 16
- Must pass pre-test*
- Attendance required at all sessions!

BOOKS

*Books can be purchased by visiting the Red Cross at
www.shopstaywell.com (651334 - Water Safety Instructor Candidate Kit, (EA) Rev. 3/14, \$51.95)

PRETEST*

- Level 4 Proficiency: 25 Yards in Front Crawl, Back Crawl, Breast Stroke, Elementary backstroke and Sidestroke. 15 Yards of Butterfly.
- Maintain position on back for 1 minute in deep water.
- Tread water for 1 minute.